

NJ Team Nutrition

Who we are

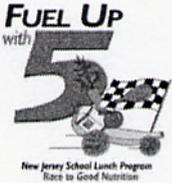
NJ Team Nutrition is a joint project of the New Jersey Department of Agriculture, Bureau of Child Nutrition and the Department of Nutritional Sciences, Rutgers University. It is funded with support from national Team Nutrition, a U.S.D.A. Food and Nutrition Services program.

NJ Team Nutrition sponsors programs that promote participation in the child nutrition programs. Two primary initiatives are the focus of NJ Team Nutrition.



First is an effort to stimulate active “Changing the Scene” schools in our state. “Changing the Scene” is a federally sponsored program that seeks to alter the school meals environment. Local school committees form to “change the scene” at their local school. Among accomplishments across the country, “Changing the Scene” schools have terminated sale of soft drinks, improved school lunch menus, increased local funding for school meals programs, decorated cafeterias, supported administrative changes in school day schedules to permit longer lunch periods.

If your school does not participate in Changing the Scene, you can easily join. Visit our website at <http://njteamnutrition.rutgers.edu> or go directly to the national website at www.fns.usda.gov/tn/



The second NJ Team Nutrition initiative is a statewide effort to increase consumption of fruits & vegetables and dairy products offered in the school meal. “Fuel up with 5” is a campaign to encourage children to eat all components of the school lunch meal and to eat five servings of fruits and vegetables daily.

All materials needed by your school are included in this manual. You can also access this manual and other teacher resources at our website

<http://njteamnutrition.rutgers.edu>